

Dear Parents,

As the weather is beginning to turn cold, it is important that the children have the correct kit to take part in forest School. With current restrictions children are unable to share clothing so it is important that they have their own kit and lots of extra layers on very cold days. Our Forest School motto is 'There is no such thing as bad weather, just bad clothing.' As we go out in all weather, including rain and snow, appropriate clothing is essential.

## Essential kit each week:

Old clothes- tracksuit bottoms and thick jumper such as a fleece

Waterproof all in one suit or waterproof trousers and a waterproof coat



Extra pair of socks



Wellies

A plastic bag or two to take home muddy clothes



## In cold weather:

Hat, gloves, snood



A warm base layer under clothing or an extra layer of clothing- leggings and long sleeve top (or some children may already have football skins or thermal base layers)



A thick winter coat to wear under a waterproof coat.



Thank you for your cooperation The Outdoor Adventures Forest School Team.

